

## EVENTS - Southern California

Tell us about events in YOUR area that we can post here.

**Tuesday, September 7, 2010, 6:30 pm – 8:00 pm**

### THE ANGINA MONOLOGUES

**Kathy E. Magliato, MD, MBA, FACS**

Director of Women's Cardiac Services, Saint John's Medical Center  
Presented by Women in Health Administration of Southern California

The Upper West  
3321 Pico Boulevard | Santa Monica, CA 90405  
310-586-1111 | <http://www.theupperwest.com>  
Light appetizers will be served; Happy Hour Specials until 7 pm

Registration:      Members: \$15      Non-Members: \$22

If you ask a group of women what the most serious threat to their health is, most will respond "breast cancer." And they would be wrong. Heart Disease is the #1 killer of women in the United States, taking more lives than all the cancers combined. The statistics are alarming:

- **2.5 million US women are hospitalized for cardiovascular illness each year.**
- **500,000 women die each year from cardiovascular disease (vs. 446,000 men).**
- **Every 30 seconds 1 woman in the US dies from CV disease.**

Dr. Kathy Magliato, Director of Women's Cardiac Surgical Services at St. John's Medical Center in Santa Monica, CA is one of the few female cardiothoracic surgeons in the world. She will present a lively and engaging talk educating attendees about heart disease, stressing that it is critical for women to know their cholesterol numbers as well as other indicators that predict heart disease.

As a working mother, Dr. Magliato understands how females are the caregivers for everyone but themselves. She'll underscore the importance of heart care and knowing the warning signs. You'll hear about real-life patients and their lifestyles and how she has made it her mission to change the perception that heart disease is a man's illness.

Dr. Magliato is also a successful author, having published *Healing Hearts: A Memoir of a Female Heart Surgeon*, which provides "an inspiring example of living and loving life to the fullest." Publishers Weekly (starred review). "Hopefully my book will reach out to women to say, 'Yes, you can have it all.'" Dr. Magliato's interview with WNYC The Leonard Lopate Show.

The first 10 event registrants will receive a complimentary copy of Dr. Magliato's book (a \$24 value). Additional copies will be available for purchase at a discounted rate at the event. For more information about Dr. Magliato, please visit <http://kathymagliato.com>.

Registration Form: The Angina Monologues | September 7, 2010  
The Upper West | 3321 Pico Boulevard | Santa Monica, CA | 310-586-1111  
Valet and Street Parking are available.



**Sunday, September 12<sup>th</sup>**

**2:00 – 4:00 p.m.**

**Access Africa: Empowering Women through Microfinance**  
**Learn how CARE is working to bring financial services to Africa's**  
**poor and how you can make a difference**

The Maxwell House, Western Justice Center  
55 South Grand Ave, Pasadena 91105

Suggested donation: \$5

Light refreshments served

RSVP to Deanna Arthur at [deannaauw@gmail.com](mailto:deannaauw@gmail.com) or 626-818-6536



**Friday, September 17<sup>th</sup>**

**3<sup>rd</sup> Annual Women in Pain Conference**

## **Gender Matters "Raising the Curtain on Pain"**

**Free** to all women in pain and their caregivers!

Location: California Endowment's Center for Healthy Communities in downtown Los Angeles.

This empowering event will feature keynote speakers, celebrities, legislators, workshops, breakout sessions, live performances, and a patient/doctor dramatization that will focus on the interconnection between the mind, body and spirit.

The conference will focus on Integrative Medicine and the Creative Art Therapies. Throughout the day, dance, theatre, music, visual arts and standup comedy will be staged to paint literal and metaphorical murals of the pain experience.

Women in pain and their caregivers can attend the all-day conference free of charge. Registered nurses in attendance are eligible to receive five CEU credits. For those unable to attend, the conference will be broadcast live via worldwide webcast.

For more information and to register, please visit the conference website at:

<http://forgrace.org/women/in/pain/C248>



**Sunday, September 19<sup>th</sup>**

**7:00 p.m.**

**Love, Loss and What I Wore**

Geffen Theater, Westwood

Join Fifty-Fifty Leadership for a Girls Night Out and Fundraiser

Sold out



**Saturday, October 9<sup>th</sup>**

**CrimeSurvivors' Survive and Thrive Run Walk Health & Safety Expo**

This year's event will be at the Orange County Sheriff Regional Training Academy in Tustin, Ca. The purpose of this event is to bring awareness, prevention and survival to all surrounding communities while offering resources and services to victims of crime so they may walk away empowered with the tools to survive and thrive.

For more information and to register to run or walk: [www.surviveandthriverunwalk.org](http://www.surviveandthriverunwalk.org)



## **EVENTS – AROUND THE COUNTRY AND AROUND THE WORLD**

**Saturday, September 11**

**12pm – 3pm**

**Out of the Archives Seminar**

The Women's Library

London Metropolitan University

Old Castle Street, London E1 7NT

England

This seminar brings together the artists commissioned for the Out of the Archives project alongside guest speakers to present and discuss visual responses to the gendered archive.

[Contact info](#)



**Saturday, September 25<sup>th</sup>**

**COME CELEBRATE WITH WIN, CAWA,**

**US WOMEN CONNECT**

**AND THE BEIJING PLATFORM'S 15TH ANNIVERSARY**

**TIME: 6:00 - 9:30 pm**

LOCATION: Delancey Street Town Hall  
600 The Embarcadero, San Francisco, CA 94107

WIN and CAWA are celebrating and commemorating 15 years of connecting

women across cultures for collective action on the Beijing platform for  
action locally and globally

Ethnic delicacies, film and video retrospectives, music by  
the Lesbian/Gay Chorus of San Francisco and jazz singer Thuy Linh  
Tran-Arrigoni.

Rose Aguilar, MC and KALW, Your Call Radio, will moderate  
a roundtable conversation with visionary activists on 'hot button' issues.

Help us honor leading change heroines and heroes: Elahe Amani,  
Madeline Duckles, Mimi Silbert, Elisa Maria Sanchez, Public Defender Jeff Adachi,  
Assemblyman Tom Ammiano and Mexican Consul Miguel Escobar Valdez.

Jean Shinoda Bolen will close the circle of Beijing 1995 to 2010 with  
"Envisioning the Synergy: A UN NGO 5th World Conference on Women 2015!  
Women's Intercultural Network (WIN)  
win@win-cawa.org, www.win-cawa.org  
Phone: 415-221-4841 Fax: 415-373-3932

San Francisco, California 94117 USA



**Wed., Sept. 29 - 7:30 p.m.**

**Thurs., Sept. 30 - 7:30 p.m.**

**Fri., Oct. 1 - 7:30 p.m.**

**Sat., Oct. 2 - 7:30 p.m.**

**Now That She's Gone**

Written & Performed By Ellen Snortland  
Four Performances Only!

Pangea World Theater  
711 Lake Street  
Minneapolis, MN 55408

Tickets are \$15 or \$12 students & seniors; can be purchased online at:  
www.pangeaworldtheater.org --tickets may also be purchased at the door, if seats are still available.  
No one under 12 will be admitted.

For more info, email barbara.lavalleur@gmail.com or call her at 612-578-2422  
or call Pangea at 612-822-0015

Ticket purchases: Brown Paper Tickets web link:

<http://www.brownpapertickets.com/event/124620> or call 1-800-838-3006

## **EVENTS – ONLINE**

**Wednesday, September 8**

**Thursday, September 16**

**1:00 p.m.**

**FREE Webinar Series on Social Security!**

OWL (The Older Women's League) is pleased to announce that the National Women's Law Center (NWLC) will be  
hosting a free webinar series on Social Security.

Social Security, whose average benefit is \$15,856 for a man and \$11,972 for a woman, provides vital protections  
against the loss of wages as the result of disability, death, or old age. \$11,972 is barely above poverty, and too many  
older women are struggling to meet their basic needs. As a result, Social Security, pensions and savings are  
especially critical for women, but many do not know how to best take advantage of these programs or how to "catch  
up" if they've gotten behind.

In order to help women prepare for retirement, the National Women's Law Center is hosting a two-part series of  
webinars for service providers, advocates, and individuals. These webinars are free, but registration is required:

1. Planning for the Future: What Women Need to Know About Social Security

1:00 p.m. EST on Wednesday, September 8, 2010

2. Planning for the Future: What Women Need to Know About Pensions and Savings  
1:00 p.m. EST on Thursday, September 16, 2010

[Register for the webinar](#)