



THE EQUALITY STANDARD

February 2011

This is the monthly publication on women's issues, local and global, published by Fifty-Fifty Leadership, A non-profit organization promoting women's equal leadership

February is Heart Health Month and Black History Month

Heart Disease is the

#1 Killer of Women in the U.S.

Our Vision
**That 50% of
leaders are
women**

Our Mission
**To transform
the culture
within which
we live to one
that **naturally**
includes
women on an
equal basis in
the selection
of leaders**

www.5050Leadership.org
[ship.org](http://www.5050Leadership.org)
818.243.2322

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IN THE NEWS

☞ There is always danger in stepping forward as a leader. The more visible you are and the more willing to take stands on controversial issues, the greater your exposure to the dark side of leading. As a nation, we have learned that lesson the

hard way.
on **Arizona**
the lesson
We've never
blood. As
to high-
so will the
In modern



With the pre-meditated attack
Congresswoman Gabrielle Giffords,
just got more complicated.
had a national female leader shot down in cold
the numbers of American women stepping up
profile public positions continue to increase,
risks.

In modern history, three women heads of state have been assassinated. India's first Prime Minister Indira Gandhi, Agathe Uwilingiyimana, prime minister of Rwanda and most recently, Benazir Bhutto, the first female prime minister of Pakistan. "I think it's important for all leaders, not just the leaders of the Republican and Democratic parties, but community leaders to say, 'Look, we can't stand for this,' Giffords told MSNBC last March. "We're on Sarah Palin's targeted list. The way she has it depicted there are the cross hairs of a gun site over our district. When people do that, they have to realize there are consequences to that action."

It was a 61-year-old woman, **Patricia Maisch**, who prevented further slaughter by knocking the semi-automatic out of Jared Loughner's hand. Renowned San Diego attorney **Judy Clarke**, who represented the "Unabomber", has been recommended to lead Jared Loughner's defense team. Charges against the deranged shooter will be brought by Pima County Attorney **Barbara LaWall**. And one of the victims, 9-year-old **Christina Taylor-Green**, the only girl on her baseball team, had just been elected to her student council. She was waiting in line to have her photo taken with Rep. Giffords.

Leadership is never an easy path. But when Gabby Gifford recovers, I believe she will be the first to urge other women to continue to dare to lead. *Excerpted from an article by Anne Doyle*

🔗 **A Bill to Redefine Rape:** A far-reaching bill, introduced into Congress by Republican Chris Smith and supported by 173 members of the House, includes a provision that could redefine rape and set women's rights back by decades according to an article in Mother Jones.

Right now, federal dollars can't be used for abortion except in cases of rape, incest, or when the woman's life is in danger.

But according to the New York Times, the Smith bill would narrow that use to "cases of 'forcible' rape but not statutory or coerced rape."

This could mean cases where women are "drugged or given excessive amounts of alcohol, rapes of women with limited mental capacity, and many date rapes" would no longer count as rape.

As far too many women know, bruises and broken bones do not define rape—a lack of consent does.

Thanks to Joyce Morrissey, Insurance Consultant and Feminist for this item

🌸 **Holly Petraeus** was appointed to head up the new Office of Servicemember Affairs. The goal of the new agency is to provide basic consumer protection and to be a voice for American families. Military families have unique challenges, and now they have a unique advocate to ensure that their special concerns get the attention they deserve.



FIFTY-FIFTY LEADERSHIP EVENTS

More than breast, uterine, lung and all other cancers together - Cardiovascular disease kills the most women in the U.S.



Be your own Valentine – How to Have a Healthy Heart



Come hear about the
#1 killer of women – heart disease
and what we can do to prevent it

- DATE:** Tuesday, February 8th
- TIME:** 6:30 – 8:30 p.m.
- LOCATION:** Luna Playhouse
3706 San Fernando Road
Glendale, 91204
- SUGGESTED DONATION:** \$10 for Members of Fifty-Fifty Leadership
\$15 for General Public

*Includes complimentary copy of
“Healing Hearts; A Memoir of a Female Heart Surgeon”
by Kathy E. Magliato, M.D.
Retail value: \$14*

Reserve your seat *today!*
Tickets@5050Leadership.org
818-243-2322

Can't come to the event? For this month only, when you become a member of Fifty-Fifty Leadership – or renew your membership - we will send you a complimentary copy of

***“Healing Hearts; A Memoir of a Female Heart Surgeon”
by Kathy E. Magliato, M.D.***

Retail value: \$14

[Join Here!](#)



**[There's A Lot To Celebrate on
Saturday, March 12th!](#)**

- ❖ **3rd Annual Women of the World Awards**
- ❖ **100th Anniversary of International Women's Day**
- ❖ **Women's History Month**
- ❖ **World Leadership Day**

❖ We are honoring Andrea Herz-Payne for her work with Aid Still Required, Tracy McCubbin for her work with OneKid One World, and Mireya Asturias Jones for her work with the International Women's Coffee Alliance

❖ It is 100 years since German labor leader Clara Zetkin proposed that March 8th be proclaimed International Women's Day

❖ In 1987 Congress declared March as being Women's History Month throughout the United States. Here are excerpts from President Barack Obama's Declaration in 2010:

“Women from all walks of life have improved their communities and our Nation... When women ... reach their potential, our country as a whole prospers... As we honor the women who have shaped our Nation, we must remember that we are tasked with writing the next chapter of women's history. Only if we teach our daughters that no obstacle is too great for them, that no ceiling can block their ascent, will we inspire them to reach for their highest aspirations and achieve true equality.”

❖ Along with 17 other countries around the world, we will celebrate World Leadership Day - bringing awareness to the need for more authentic leadership.



Andrea Herz-Payne founded Aid Still Required because she knew that areas of world that suffer devastation, such as Indonesia, Haiti and Louisiana, need more help than is given during the short



the

time that the media are focusing on them. Aid Still Required brings hope to the people in these areas.

Tracy McCubbin co-founded OneKid OneWorld because there were too many children in developing countries who do not have what they need to succeed. OneKid OneWorld's goal is to provide an education to children in impoverished communities through the creation of academic and athletic programs. OneKid OneWorld ensures the sustainability of these programs by rebuilding schools using green technologies and forging partnerships with U.S. students, instilling in them a lifelong commitment to social responsibility. One soccer ball and one notebook can have a profound affect on the lives of kids who have nothing.



Concerned at the imbalance between coffee producing countries and coffee consuming countries, **Mireya Asturias Jones** is helping women in coffee-producing countries become more independent and prosperous. She connects North American consumer coffee industries to women producers in Latin America through the International Women's Coffee Alliance. By mentoring women in coffee producers, she helps strengthen their leadership and technical skills. She is currently expanding her efforts to East Africa and Japan by sharing her best business practices there. To date, there are more than 20 chapters forming, representing upward of 3,000 women directly impacted by the programs.



Join the Celebration!

Suggested Donation:
\$35 per person; \$15 per student; \$300 for a group of 10

For information on **Sponsorships**, or
To place an **Advertisement** in the Program Guide –

Click Here
Or call:
818-243-2322



VOLUNTEERS WANTED

**We need YOU! Thinking about volunteering?
Whether or not you have ever volunteered, you have skills and interests that are useful. Volunteer at an event, be a mentor, or take on a project. We will work with you to design a volunteer experience that is just right for you.**



Leadership Circles Team

Call or [email now!](#)

This year we are starting our Leadership Circles, small, powerful training programs built around projects. To promote and implement them we need -

- Coaches
- Coordinators
- Administrative Assistant
- Promotions Team

Event Planning Team

Call or [email now!](#)

Do you love to give parties? Are you detail-oriented? Do you love working on a team? We have two teams, one for our Annual Women of the World Awards in March, the other team for other events throughout the year

- Find venues, follow up with them
- Find and follow up with resources – vendors, speakers, creative, entertainment, etc
- Volunteer coordinator
- Help on the day of the events
- Find silent auction and raffle items
- Put out flyers, postcards
- Anything and everything that needs to be done!

Next meetings of these teams:

Saturday, February 5th, 11:00, Zephyr Coffee Shop, 2419 E Colorado, Pasadena
Sunday, February 13th, 2-4pm, address with RSVP

Promotions Team

Call or [email now!](#)

*Do you have experience in any part of public relations?
We have openings for volunteers to -*

- Contact/ follow up with the media
- Increase our social network visibility

Fundraising

Call or [email now!](#)

Are you creative? Are you okay with asking people for things?

We have openings to help us expand our fundraising.

Affiliate programs ready to be added to our website and promoted

New affiliate programs set up

Campaign for special event sponsorship

Membership development and follow up

Following up with previous vendors, in-kind donors and more

Call 818-243-2322 or

Email Volunteers@5050Leadership.org



WHAT LEADERSHIP LOOKS LIKE



✧ *Assassination Attempts By Mexican Gangs:*

Baring her mutilated body for the camera, **Maria Santos Gorrostieta** shows the horrific results of two assassination attempts by Mexican criminals. As the mayor of the town of Tiquicheo, she has become a key target for drug gangs. But despite being scarred physically and mentally by the attacks, the extraordinarily brave Mrs. Gorrostieta remains

defiant. 'I wanted to show you my wounds because I'm not ashamed that my body is mutilated like this,' she said.

✧ **Mary Bassi, a former waitress in a strip club**, claims that she was fired for being too old, and sued her employers for age discrimination. In the lawsuit, she claimed that she was teased about Alzheimer's disease and menopause, repeatedly asked to say how old she was, and finally fired at the age of 56, although she had been performing her job well and had received no disciplinary action. She was backed by the Equal Employment Opportunity Commission, and just settled for \$60,000.

"You can't discriminate against people because of age regardless of what industry they work in," said her attorney, Connie Wilhite.

As Anna North points out, writing for Jezebel, employment discrimination can be a particularly tricky issue for strip clubs. She references a case last year where a bartender sued her employees for demoting her to a cashier position during her pregnancy; a 44-year-old Canadian stripper also sued because she said that her employers wanted younger women.

[Read more](#)

✧ **Sophie Alpert, Founder of Piece by Piece**

www.piecebypiece.org

Last month I had the distinct pleasure of interviewing Sophie Alpert, a leader who has found a way to help men and women who are struggling to bring themselves up and into a more independent and satisfying life. Piece by Piece's mission is to empower residents in the underserved communities of Los Angeles by teaching skills to create high quality saleable works of mosaic art.

5050. Tell me about Piece by Piece

SA. Piece by Piece is a nonprofit that I created with the goal of helping people by way of giving them a hand up, not a hand out. We teach marketing skills and empower them instead of just giving charity. It was never about creating artists. The art and workshops have a therapeutic aspect that is transferred to the rest of their lives. It helps them earn supplemental income. I wanted to find a way that people could help themselves and then be able to continue to do it on their own. We use recycled materials such as tiles, china, glass and dishes. It is “green,” and they can do it on their own.

5050. How did you come up with the idea?

SA. I worked on skid row years ago at Para Los Ninos so I am familiar with conditions in the area which are similar to those in the third world. I visited South Africa in 2006 and saw what agencies were doing with microenterprises there, helping women with HIV/AIDS to create beautiful goods and sell them. I thought, why not bring something similar to Los Angeles? So when I returned, I developed it, taking into consideration what would be appropriate for this area. I wanted it to be something that is sustainable for the people we serve, and that they did not need to be artists. I had images and pictures and history from our community and I used them.

5050. Is this your full time job or something you do as a volunteer?

SA. I work at this full time and previously had been busy raising my family before starting Piece by Piece. I have also worked with different charities, been an interior designer, worked in the entertainment industry and have written grants before. This (Piece by Piece) has brought together a lot of my skills and experiences but nonetheless I had no idea what a challenge it was to put a nonprofit together. It is still challenging. Every day is a learning experience.

5050. Tell us about how it began

SA. It started with a fundraiser in my backyard in 2007 to raise awareness. I had private support from friends and family then after a year, I started writing for grants. We now have Foundation support as well as receiving grants from the City and County of Los Angeles. We received a Public Art

award and we recently were given our first federal grant through the National Endowment for the Arts – that was a really big step.

5050. Tell our readers a couple of success stories

SA. A mother of 4 came to the workshop who had never done mosaic before. In our first show, she sold enough to buy a used Jeep which she then used to go out and get a job. She continued her mosaics and now has a property management job.

An artist came to the workshop who was not having a great time and now he has pieces in the prestigious Beverly Hills Art Show and is exhibiting on his own.

Many of the people who come in are able to make enough money to help them pay the rent with their artwork.

A single mom has a daughter who is the first in their family to go to college. The daughter got accepted but then neither had enough money to pay for the textbooks. She now makes enough to be able to buy the books for her daughter.

5050. What are some of your current challenges and needs?

SA. We are in a big growth stage now – we are looking for permanent space, how else to market the products such as with a retail outlet instead of the shows that we put on once or twice a year, and we are looking to get more help with the infrastructure.

What we need:

Donations – tile, glass, broken dishes, mirrors, wood

Commission work

Private parties – we will decorate the whole room, make centerpieces, whatever is wanted

Collaborate with other nonprofits

Volunteers at the workshops – volunteers don't need an art background

Administrative help

5050. Is there anything else you would like to add for our readers?

SA. I would like to invite everybody to come to one of our workshops or to one of our events. They are all listed on the website – www.piecebypiece.org. It is all about the stories behind the art, people helping themselves.



GRANTS FOR WOMEN

Women's Opportunity Award

Thanks to Wired Woman Monica Hubbard for letting us know about this:

Soroptimist International of Altadena/Pasadena is seeking qualified applicants for the Women's Opportunity Award, a grant given annually to women who need to improve their education, skills, and employment prospects. Eligible applicants must be women who provide the primary financial support for their families, and who are enrolled in or have been accepted to a vocational/skills training program or an undergraduate degree program. For more information or to apply, see www.soroptimistaltapas.org. The **deadline** for applications is **February 15, 2011**.



Older Women's Scholarship Program

Thanks to Bonnie Coffey, Coach and Feminist for this item

The AARP Foundation will begin accepting online applications for its 5th Annual Women's Scholarship Program. The scholarship will provide funds to women age 40+ who seek additional educational opportunities, new job skills and/or training.

Women are more at risk than men of not having enough to make ends meet in the second half of their lives due to lower earnings and cycling in and out of the workforce due to caregiving responsibilities. The Women's Scholarship Program was created to help women make ends meet while working.

Please see the scholarship eligibility requirements below and forward the announcement to women who may be interested.

Eligibility Requirements:

- Women
- Age 40+ by March 31, 2011
- Able to demonstrate financial need
- Enrolled in an accredited school or technical program within 6 months of the scholarship award date.

For more information and to submit an application, visit www.aarp.org/womensscholarship.

Applications are **due** by **March 31, 2011**.



WOMEN BUSINESS OWNERS

The **San Fernando Valley Business Journal** is collecting information for the Women Owned Businesses List to be published in an upcoming issue. They regularly publish lists and directories of local interest in our newspaper and in special publications, and would like to include as many Women Owned Businesses in their coverage area as possible.

The Valley edition covers a territory that includes Burbank, Glendale and the San Fernando, Santa Clarita, Antelope, Simi and Conejo valleys. If you would like to be considered for inclusion in the list, your information must be **submitted/updated by February 23, 2011.**

There is no charge to be included in any of their lists or directories. If you know of any other Women Owned Businesses in their area, please send their contact information so they can be included as well.

Contact the Journal at 818-316-3130 or fax submission to (818) 676-1747.



Gladys Escudero, the owner of **Prada's Professional Cleaning Services**, is not one to sit around and wonder where the next client will call – she goes out and finds them. How do I know? Because while I was walking in Pasadena recently she was standing on a corner with a sign and handing out business cards to passers-by.

I was so impressed that I took her card and told her I would share her services with you, our readers. Do take a look at her website, www.pradashomeservices.com and when you or someone you know needs some help, think of Prada's. You can call her at (626) 484-2292 or send her an email at pradaescudero36@yahoo.com



BOOKS

*Thanks to Monica Hubbard of **Wired Women** for the following:*

Writer and photographer **Ann Jones** has focused on women's issues for a lifetime. Her latest book is **War Is Not Over When It's Over: Women Speak Out From The Ruins Of War.**

She talks about gender inequality that is institutionalized throughout the world, including in the U.S. She thinks that with very few exceptions there has been a silencing of women's voices in the media and in public life in this country, especially since 9/11 and the accelerated militarization of our

country. We have fewer women in our congress than Afghanistan does! Why don't we have a quota in this country so that at least 25% of all representatives are women? Most of Washington think tanks are almost exclusively men and all they talk about is war and militarization.

I was recently sent a Wall Street Journal article entitled, “Why Chinese Mothers Are Superior.” I was intrigued so I read it, and within 24 hours I had received it three more times via email. As a “Chinese mother,” Amy Chua who wrote the article set rules for her daughters: no sleepovers, no playdates, and no grade lower than an A on a report card. The article caused such an uproar that she spent the next couple of weeks defending herself and her views which I understand she goes into at greater length in her book, “Battle Hymn of the Tiger Mother,” by Penguin Press. The article, as are her views, are provocative. If you are a parent, or plan to be, it should be an interesting read and will no doubt re-affirm that your views on child-rearing are more humane and less likely to lead to the need for years of psychotherapy for your child when they are grown than this “superior” mother.

[Read Wall Street Journal Article](#)



DID YOU KNOW...

Record Level Of Stress Found In College Freshmen:

The emotional health of college freshmen — who feel buffeted by the recession and stressed by the pressures of high school — has declined to the lowest level since an annual survey of incoming students started collecting data 25 years ago. In the survey, “The American Freshman: National Norms Fall 2010,” involving more than 200,000 incoming full-time students at four-year colleges, the percentage of students rating themselves as “below average” in emotional health rose. Meanwhile, the percentage of students who said their emotional health was above average fell to 52 percent. It was 64 percent in 1985.

Source: LBN Alert

Women Managers – Only 1% Gain in 7 Years

The federal government provides a report of an industry-by-industry assessment of the gender wage gap among managers. This report measures the gender wage gap among managers who have children and the resulting impact on family incomes and reveals the underrepresentation of women and, in particular, mothers in management.

The report found that on average, women comprised 40 percent of managers in 2007, up just slightly from 39 percent in 2000, and earned 81 cents for every dollar earned by their male management peers, an increase of just two

cents from 2000. The report also found mothers who are managers earned 79 cents for every dollar earned by fathers who are managers, unchanged from 2000. Further, in 12 out of the 13 major industries, fathers were more likely than mothers to be managers. *Source: GAO*



HEALTH

☞ Prevent Blindness Ohio has designated February as Age-related Macular Degeneration (AMD) Awareness Month in an effort to educate the public on the disease and what steps can be taken to avoid it. They want to remind everyone, whether they are smokers or not, that the most effective way to fight the effects of AMD is through healthy lifestyles and regular, professional eye exams.

Healthy habits can help preserve healthy eyes. The risk of eye disease and vision loss can be lowered if you:

- Don't smoke
- Eat healthy foods (including green leafy vegetables and foods high in zinc, vitamins C and E, and beta carotene)
- Control blood pressure and cholesterol
- Stay active
- Visit your eye care professional on a regular basis

☞ Until now, the most accurate methods of screening a fetus for potential genetic abnormalities, like amniocentesis and chorionic villus sampling, have involved piercing the womb to obtain samples of fetal tissue-procedures that are not without risk. However, a new, non-invasive procedure that reconstructs the entire genome of a fetus from fragments of fetal DNA found in the mother's plasma may soon allow parents to screen their unborn children for inherited diseases without exposing them to undue risk.



WOMEN AROUND THE WORLD

☞ Militants in a town in war-torn southern Somalia have imposed an unthinkable harsh restriction on the women who live there by refusing to allow them to work, leaving many families destitute. An al-Queda backed group has imposed other harsh restrictions in various towns, including forcing women to wear long, heavy black robes and threatening unrelated men and women who walk or speak together publicly with beating or even execution.

This is, naturally, devastating for families that depend heavily on

women's income for their survival, and women have to decide whether they will risk death in order to feed their children and husbands.

They have also banned movies, music and bras, saying that they are un-Islamic.

[Read article](#)

✎ **Pakistan Floods** - Naila is ten years old. She lives in a village called Mirpur Buriro in the Sindh province of Pakistan – one of the areas hardest hit by last summer's devastating floods. Naila escaped the flooding with her parents, three brothers and five sisters, but her home and her village were destroyed. The family fled to Hyderabad, staying briefly with her sister's family before settling in a camp. Today Naila and her family are back in Mirpur Buriro, trying to piece together their lives.

According to the Pakistani government, 20 million people have been affected by the floods, including 9 million children. They do not have proper clothes they have lost their toys, and their schools remain closed. Many children were separated from their parents when the disaster struck and yet to be reunited.

As families are so desperately trying to restore their lives, support mechanisms are ever more critical to helping them move forward. Save the Children and other organizations have set up hundreds of "Child Friendly Spaces" across the flood-damaged areas -- centers specifically designed to provide a sense of normalcy and security. The centers offer crucial life and skills-building activities, a safe haven for children traumatized by what they are living through. Activities include art therapy, reading, group counseling, and playtime.

Here's what Naila has written:

I had faced the worst days of my life after the floods started. When I heard about the floods, the first thing came in to my mind was that, oh God! We are all going to die tomorrow.

We shifted to the city of Hyderabad, to my sister's house, as she is married there and lives there with her husband. But she has small home and our family is very large so we could not live there for long. We shifted to a relief camp near to her house. Those were the worst days I have ever spent in my life.

We lost most of the things in the flood water, as we could not take our belongings with us to Hyderabad and when we came back, everything was either washed away or ruined by the water and mud. In our village, the water was higher than me. I have experienced the life in the camp and know how people live in the camps. When I was living in the camp in Hyderabad, the behavior of people was very bad; they used to tease the poor people and women, I did not like the environment of that camp, it really annoyed me. I used to get scared and cried a lot.

When Naila returned to Mirpur Buriro she started going to the local Child Friendly Space as well as a Temporary Learning Center with her brothers and sisters.

I like coming here, I enjoy being here, sometimes I want to study and play for the

whole day. I really enjoy the games we play and the books we read. Now I feel good that I can go to school and resume back my studies. I have a place to play and I feel very happy, I have almost forgotten the bad memories of flood I used to carry in my head. The thing I like the most in this Child Friendly Space is that we can continue our education and we can play together. And I like the teacher there, she loves me a lot.

[Read article](#)



SUBSCRIPTIONS

Annual Subscription: \$15

[Click Here to Subscribe/Donate Online](#)

Send your check, payable to Fifty-Fifty Leadership to:
P.O. Box 11202, Glendale, CA 91226

Questions? Call 818-243-2322



EVENTS

Tell us about events in YOUR area that we can post here.



Friday, February 4

8:00 – 4:00

Violence Free Teens Conference

Presented by Peace Over Violence

Location: California Endowment, 1000 North Alameda Street

Los Angeles, CA 90012

Fee: \$65.00

This conference will demonstrate why middle school matters within the rubric of violence prevention; how issues of intimate partner violence, family violence, gang/street violence and are interrelated; and why we must all be involved in promoting healthy relationships among youth.

A keynote presentation will be given by Dr. Linda Chamberlain on adolescent brain development and youth leadership, pulling on Dr. Chamberlain's expertise in working on youth development and violence prevention, particularly in the areas of sexual and domestic violence. In the closing plenary, Start Strong Boston will present their Breaking Up Summit to both adult and teen attendees. This interactive discussion will focus on healthy and positive ways to end relationships and building skills with a cross-generational perspective.

This year also marks the first designated youth engagement track at the conference. During these youth sessions, teen leaders will develop a multi-media piece, prevention education campaign, or policy plan to share with the conference attendees and further hone their leadership, collaboration, and prevention education skills.

Youth leadership is key to moving the field forward toward substantive prevention practices.

Workshops:

Premier Screening of Taking Control
Social Marketing for Prevention
Parenting and Parent Engagement for Healthy
Relationships
Youth as Policy Advocates
Middle School Leadership
Start Strong Bronx Teen Advisory Board
Social Marketing Tool for Pre-Teens and their Parents
Linking Teen Dating Violence across Disciplines
and Communities

Questions: emily@peaceoverviolence.org

[Register here](#)

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**Saturday February 5th**

**7:00**

**U-Care Foundation & Dr. Betty Shabazz Delta Academy Presents**

**A re-vamp of the theatrical production...**

**TRAPPED!**

**A play that looks into the lives of pregnant and parenting teens**

**A one night only fundraising performance for the teen girls  
of Delta Academy from the Los Angeles Alumnae Chapter  
of Delta Sigma Theta Sorority Inc**

7:00-7:45: Dinner, coffee, or chat time

8pm: SHOWTIME

In the spectacular LUCY FLORENCE Coffee House & Cultural Center  
3351 West 43rd Street/Leimert Park  
Los Angeles 90008  
[Lucyflorence.org](http://Lucyflorence.org)

Tickets \$10 per person

DINNER OPTION: \$20 per person

[www.ucarefoundation.org](http://www.ucarefoundation.org)

RSVP/Inquiries/tickets or email [udeozor@sbcglobal.net](mailto:udeozor@sbcglobal.net)

Tickets will also be sold at the door on a first come first served basis

~~~~~

Monday, February 7th

11:30 – 1:15 p.m.

Verdugo Hills Business & Professional Women

Networking, Luncheon

La Cabanita Restaurant

3447 N Verdugo Rd

Glendale, CA 91208

RSVP: Anne Marie Johnson at

amj@digitalsage.biz or

Call 626-577-0681

~~~~~

**Tuesday, February 8th**

**Be your own Valentine –**

**How to Have a Healthy Heart**

Come hear about the

**#1 killer of women – heart disease**

and what we can do to prevent it

**DATE:** Tuesday, February 8th

**TIME:** 6:30 – 8:30 p.m.

**LOCATION:** Luna Playhouse

3706 San Fernando Road  
Glendale, 91204

**SUGGESTED**

**DONATION:** \$10 for Members of Fifty-Fifty Leadership  
\$15 for General Public



**Tuesday, February 22**

**Hollywood N.O.W. presents**

**Suzy Witten**

who will be discussing women in colonial times, the Salem witch hunt, and her historical novel about it: *The Afflicted Girls*.

For more information:

e-mail: [HollywoodNOW@hotmail.com](mailto:HollywoodNOW@hotmail.com)

phone: (323) 825-5020



**Saturday, March 12th**

**Celebrate!**

Come join Fifty-Fifty Leadership  
as we celebrate

**3<sup>rd</sup> Annual Women of the World Awards**

**100<sup>th</sup> Anniversary of International Women's Day**

**Women's History Month**

**World Leadership Day**

**An afternoon to be inspired!**

**Help us honor**

**Andrea Herz-Payne**

**Tracy McCubbin**

**Mireya Asturias Jones**

**1:00 – 4:00 p.m.**

**Brookside Golf Course**

**1133 N Rosemont Ave**

**Pasadena 91103**

**[Register today!](#)**

**818-243-2322**



**FINAL WORDS**

**Anne Geddes** (Photographer and author, 'Beginnings'):

*"I learned it is OK to photograph newborns, to be in awe of the whole process of pregnancy. It is an incredible, momentous, and precious time."*



**Members and Subscribers: If you are changing your email address, remember to let us know so you will continue getting the newsletter uninterrupted. If you received this newsletter in error, please hit "Reply" and write "Remove" in the subject line.**